



DATA REPORT · VERSION 1.0

The Most Recommended AI Girlfriends on Reddit: A 2026 Analysis

An analysis of recommendations across 22 Reddit threads, including a separate screening for promotional and affiliation signals

AI Girlfriend Coach · aigirlfriend.coach

Independent Research Into AI Girlfriends and Human-AI Relationships

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Threads collected and coded: September 2026

Published: September 2026 · Version 1.0

Suggested citation: AI Girlfriend Coach (2026). *The Most Recommended AI Girlfriends on Reddit: A 2026 Analysis*. Version 1.0.

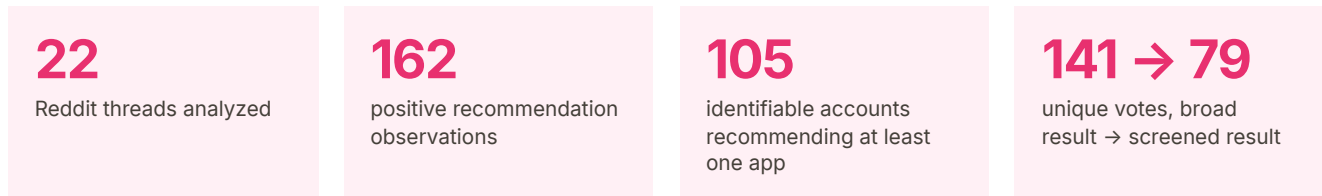
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How to read this report. Every app is counted by the number of distinct Reddit accounts that recommended it, not by how many comments mentioned it. Each app gets two numbers. The **broad** count includes every qualifying recommendation. The **screened** count removes recommendations that showed observable promotional, commercial, or affiliation signals. Screened-out does not mean fake, and screened does not mean verified genuine. Section 3 explains the rules in plain terms; Appendix C defines every term.

1. Key Findings

I went through 22 Reddit threads where people asked for, or offered, AI girlfriend app recommendations, and tracked every positive recommendation back to the account that made it. That produced 162 recommendation observations from 105 identifiable accounts, or 141 unique account-app votes once repeat recommendations by the same account were collapsed. A second, more cautious pass removed recommendations with observable promotional or affiliation signals, leaving 79 screened votes.



1. Kindroid was recommended by more distinct Reddit accounts than any other app: 15 broad, 13 screened.

Eleven of those 13 screened recommenders described or claimed firsthand use. No other app kept more than 7 screened recommenders. Kindroid's lead is larger after screening (13 vs 7) than before it (15 vs 12).

2. Counting mentions and screening recommendations give very different pictures.

Of 141 broad votes, 79 (56%) survived screening. The losses were concentrated: DarLink AI went from 12 recommenders to 0, and Candy AI from 9 to 1. Kindroid went from 15 to 13 and OurDream from 9 to 7.

3. DarLink AI: 12 broad recommenders, 0 screened.

Every DarLink AI recommendation in the sample carried a possible-promotion signal under my coding rules, so none qualified for the screened result. That is not a finding that those accounts were paid, fake, or affiliated. It means none was free of the signals I screened for.

4. Candy AI: 9 broad recommenders, 1 screened, plus the most negative comments.

Candy AI also drew 6 of the 14 negative or mixed evaluations I recorded, from 5 different accounts.

5. OurDream and Nomi held up well.

OurDream kept 7 of 9 recommenders after screening, Nomi 6 of 9, and every one of those screened recommenders appeared to have used the app.

6. The market is fragmented beneath a small top tier.

61 different apps or tools were recommended at least once. 37 of them were recommended by a single account, and only 14 reached three or more broad recommenders. The top six apps accounted for 60 of 141 broad votes, roughly 43%.

7. A few threads did most of the work.

Five threads produced 89 of the 162 observations (55%). Three of the 22 threads produced no usable recommendations at all, and one (thread 22) was flagged as a whole for promotional patterns.

8. Self-promotion was easy to find once I looked.

Developers and founders recommending their own products, AutoModerator posts, referral codes, branded accounts, and repeated wording all turned up. Disclosed self-promotion was excluded outright; possible promotion stayed in the broad count and came out of the screened one.

2. Why I Did This

I've spent a lot of time on Reddit while reviewing AI girlfriend apps. Reddit can be messy, and promotion is sometimes mixed into the discussions, but it is also one of the places where people openly share what they actually use, what works for them, what breaks, and which apps they keep paying for.

After seeing the same AI girlfriend names appear repeatedly, I wanted to know which ones Reddit users were actually recommending most. Instead of relying on impressions, I went through 22 Reddit threads and tracked the recommendations. The analysis ultimately included 162 positive recommendation observations.

What I wanted to find out

Which AI girlfriend apps do Reddit users recommend most, when you count distinct accounts rather than comments, and how much of that support holds up once you screen out recommendations with promotional or affiliation signals?

Two things I deliberately did not try to answer: which app is best, and whether any individual recommendation was genuine. The data collected here cannot settle either question, and the report does not pretend otherwise.

3. How I Analyzed the Reddit Threads

The Reddit threads I analyzed

I found threads through Reddit search, using a consistent set of searches for AI girlfriend recommendations with Reddit's Top and Past Year filters. Coding and interim counts ran alongside collection. The collection was capped at 22 selected threads using a predetermined stopping rule. Once the 22-thread sample was complete, no additional threads were added based on the final ranking.

Three of the 22 threads produced nothing usable: thread 5 had no identifiable recommendations, thread 8's comments had been deleted, and thread 21 produced zero qualifying recommendations after I screened it at the thread level for promotional and affiliate content. Thread 22 did contain recommendations (14 of them, covering only Candy AI, DarLink AI, and DreamGF), but the whole thread showed a high promotional-pattern risk. Its recommendations are in the broad result and out of the screened one.

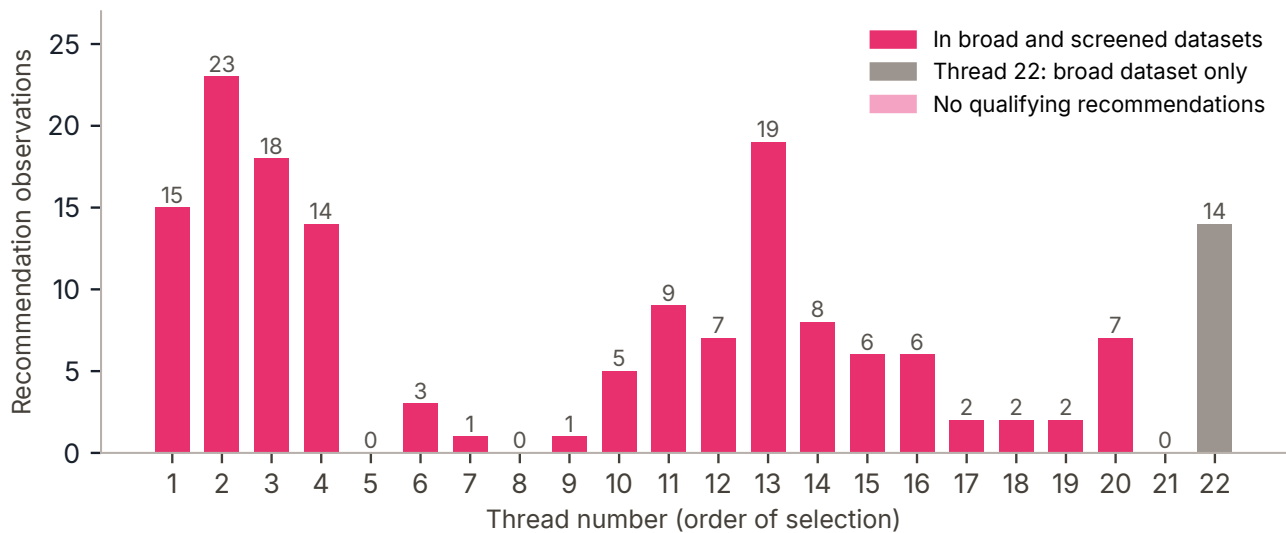


Figure 1. Recommendation observations per thread. Threads are numbered in the order I selected them.

How recommendations were counted

A recommendation observation is one comment or post where an identifiable account positively recommends a named app. For each one I recorded the thread, the account, the app, a short reason, whether the comment showed evidence of use, and whether it showed any promotional or affiliation signal.

Apps are ranked by **how many distinct Reddit accounts recommended them**, not by mentions, comments, or upvotes. The rules:

- One Reddit account could give an individual app only one vote across the entire dataset. If someone recommended Kindroid in three threads, that is 3 observations and 1 Kindroid vote.
- The same account could recommend several different apps, and each app gets one vote from it.
- Upvotes were not used as weighting. Older threads, larger subreddits, and early comments would otherwise dominate.
- Deleted accounts were excluded from the unique-account counts, because there is no way to tell whether two deleted comments came from the same person. Their comments still appear in the comment totals. There were four.

	Count
Reddit threads analyzed	22
Threads that produced at least one usable recommendation	19
Positive recommendation observations	162
Identifiable Reddit accounts that recommended something	105
Unique account-app votes, broad result	141
Unique account-app votes, screened result	79
Screened votes where the commenter appeared to have used the app	70
Different apps or tools recommended at least once	61
Observations from deleted accounts (not counted as unique votes)	4

The two results: broad and screened

Every recommendation was coded by hand. If it showed no promotional or affiliation signal it was marked "count." If it showed something worth scrutiny it was marked "count with caution," along with the specific signal: possible promotion, possible affiliation, an affiliated commenter, a commercial or branded account, or simply "unclear." Disclosed self-promotion (developers or founders recommending their own product, company accounts, AutoModerator posts, referral-code promotions) was never counted at all.

Broad recommendations

All qualifying positive recommendations, including the ones that raised some promotional or affiliation concern. This is the closest thing to what a reader of these threads would actually see.

Screened recommendations

A more cautious version that removes every recommendation coded possible promotion, possible affiliation, affiliated commenter, or commercial/branded account, plus all of thread 22. "Unclear" recommendations stay in.

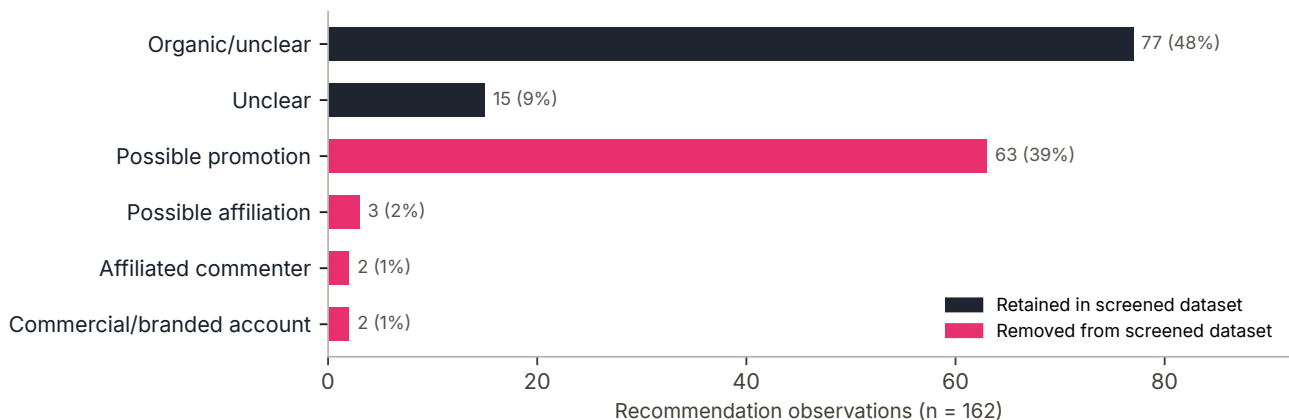


Figure 2. How the 162 observations were coded. Dark bars stay in the screened result; pink bars come out of it.

Screened-out does not mean fake. I do not know whether the commenters behind screened-out recommendations were paid, affiliated, bots, marketers, or simply enthusiastic users. The screening only reflects observable signals that made me less comfortable treating those recommendations the same way as apparently independent ones. Likewise, "screened" does not mean "verified genuine." A recommendation can be entirely honest and still get screened out because of its wording or its thread, and it can pass screening while coming from someone whose interests are not visible in the comment.

Did the commenter appear to have used it?

I also noted whether each comment gave detailed firsthand experience, claimed firsthand use, only named the product, or gave no clear evidence of use. Combining this with the screening gives the most cautious number in the report: screened recommenders who appeared to have used the app. It is based entirely on what commenters wrote and does not verify anything.

Negative and mixed comments

Explicit negative or mixed opinions were tracked in a separate list. They are never subtracted from positive counts, and the list is not a full sentiment analysis of every comment; it only captures opinions that were explicit enough to code.

4. The Most Recommended AI Girlfriends on Reddit

Ranked by broad unique recommenders. Top 15 shown; all 61 apps are in Appendix A. "Appeared to have used it" is the number of screened recommenders whose comment described or claimed firsthand use.

Table 1. Leaderboard: top 15 apps

App	Broad unique recommenders	Screened unique recommenders	Appeared to have used it (screened)	Recommendation comments
Kindroid	15	13	11	17
DarLink AI	12	0	0	12
OurDream	9	7	7	10
Nomi	9	6	6	11
Candy AI	9	1	1	11
Secret Desires	6	3	3	7
ChatGPT	3	3	2	3
Local/self-hosted	3	3	3	3
Junipero	3	2	2	4
CrushOn	3	2	2	3
FrongZoolio	3	2	2	3
VirtuaLover	3	1	0	3
BrindaJoo	3	0	0	3
Swipey AI	3	0	0	3
AI Peeps	2	2	2	3

Kindroid came out on top on every measure: 15 distinct accounts recommended it across 7 threads, in 17 comments. DarLink AI was second on the broad count with 12, followed by OurDream, Nomi, and Candy AI on 9 each, and Secret Desires on 6. After that, eight apps were recommended by exactly 3 accounts, and a long tail of apps by one or two.

The screened column reorders things. Kindroid keeps 13, OurDream 7, Nomi 6, Secret Desires 3. ChatGPT and local or self-hosted setups keep all 3 of their recommenders. DarLink AI keeps 0 and Candy AI keeps 1.

The point is not just that Kindroid appeared often. Most of its support was still there after the stricter screening, which is what separates it from the apps that appeared almost as often.

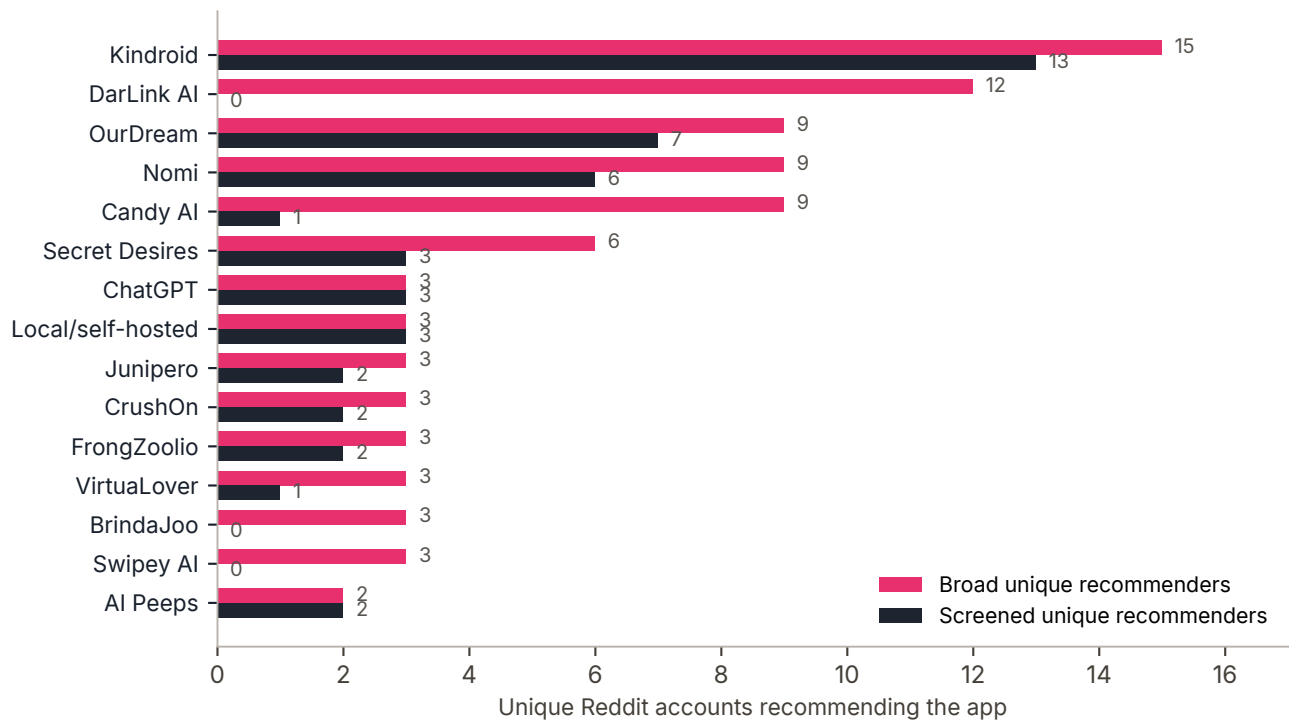


Figure 3. Broad and screened unique recommenders, top 15 apps.

Notes on the leading apps

Kindroid

15 broad, 13 screened, 11 appeared to have used it, 17 comments across 7 threads. The two screened-out comments were coded affiliated commenter and commercial/branded account, both in thread 13.

DarLink AI

12 broad, 0 screened, 12 comments across 7 threads. All 12 were coded possible promotion, and 6 of them were in thread 22. To be clear one more time: this does not mean I determined those accounts were fake, paid, bots, or affiliated with DarLink AI. It means none met my criteria for the screened result.

OurDream

9 broad, 7 screened, all 7 appeared to have used it, 10 comments across 5 threads. Two comments were coded possible promotion.

Nomi

9 broad, 6 screened, all 6 appeared to have used it, 11 comments across 7 threads. The screened-out comments were coded possible promotion, affiliated commenter, and commercial/branded account.

Candy AI

9 broad, 1 screened, 11 comments across 5 threads, 2 of them from deleted accounts. Eight of the 9 identifiable comments were coded possible promotion, and 7 of those were in thread 22. Most of Candy AI's recommendations therefore carried promotional-pattern flags and did not survive screening. That does not establish they were fake or paid.

Secret Desires

6 broad, 3 screened, all 3 appeared to have used it, 7 comments across 6 threads. Three comments were coded possible promotion.

5. Broad vs Screened Recommendations

This is the comparison the whole report is built around. The two columns answer different questions and belong side by side: the broad count shows which apps accumulated the most recommendation support in these threads; the screened count shows how much of that support looked independent on the signals I could observe.

Table 2. Broad vs screened unique recommenders, six most recommended apps

App	Broad	Screened	Difference	Share retained
Kindroid	15	13	-2	87%
DarLink AI	12	0	-12	0%
OurDream	9	7	-2	78%
Nomi	9	6	-3	67%
Candy AI	9	1	-8	11%
Secret Desires	6	3	-3	50%

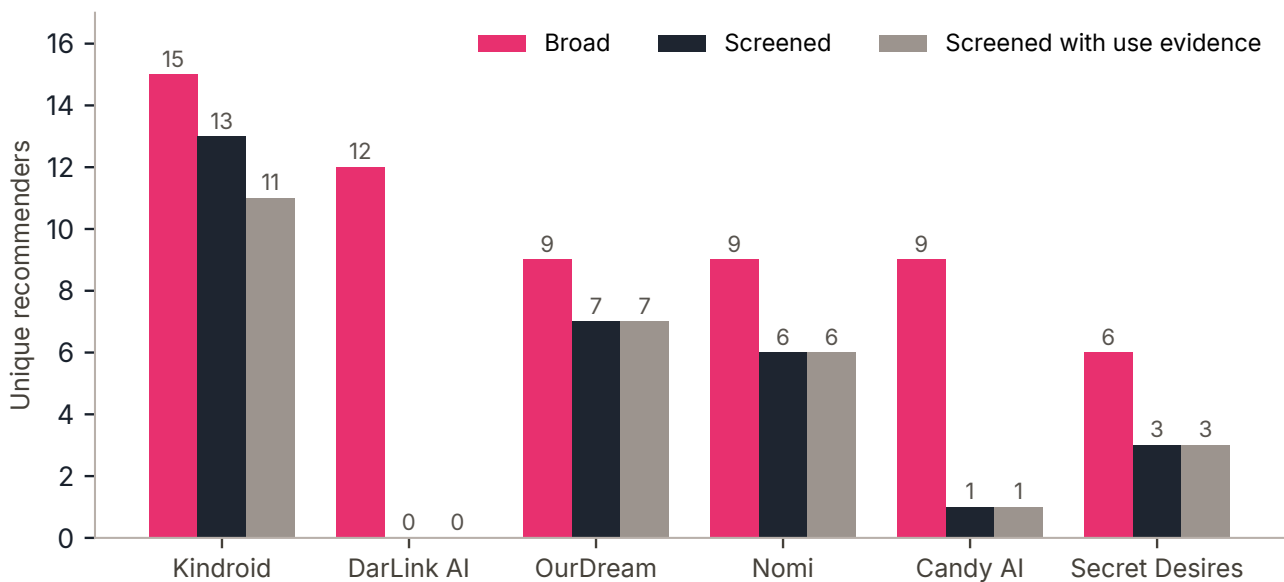


Figure 4. Broad recommenders, screened recommenders, and screened recommenders who appeared to have used the app.

Across all 61 apps, 79 of 141 broad votes (56%) made it through screening. Kindroid kept 87% of its recommenders and OurDream 78%. Nomi kept 67% and Secret Desires 50%. Candy AI kept 11% and DarLink AI none. Those two apps alone account for 20 of the 62 votes that screening removed.

At the app level, 61 apps had at least one broad recommender and 41 had at least one screened recommender. Twenty apps were recommended only by accounts whose comments carried a cautionary signal.

Reading the difference column correctly. It counts how many of an app's recommenders showed an observable promotional, commercial, or affiliation signal. It is not a count of fake recommendations, and the screened column is not a count of verified independent ones. Both columns describe what I could see in the comments, not who was behind them.

6. Did the Commenter Appear to Have Used It?

For every recommendation I noted what the comment actually showed: detailed firsthand experience (specific features, behaviour, often drawbacks), a claim of firsthand use without detail, just the product's name, or no clear evidence of use.

Table 3. Evidence of use, all observations and screened observations

What the comment showed	All observations	Screened observations
Detailed firsthand experience	33	29
Claimed firsthand use	118	51
Named the product only	8	7
No clear evidence of use	3	2
Total	162	89

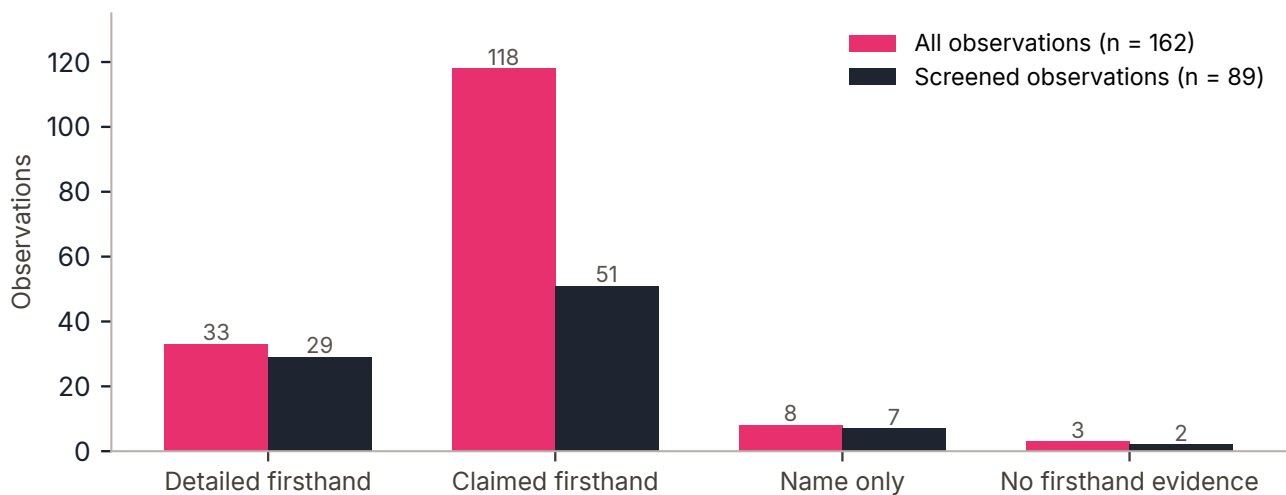


Figure 5. Evidence of use across all 162 observations and the 89 observations in the screened result.

Almost everyone at least claimed to have used what they recommended: 151 of 162 comments (93%). The interesting split is between detail and bare claims. Detailed firsthand accounts made up 29 of the 89 screened observations (33%) but only 4 of the 73 screened-out ones (5%); screened-out comments were overwhelmingly bare claims of use (67 of 73). That is partly built in, because specific experience including drawbacks was one of the things that made a comment read as independent rather than promotional, so it should not be treated as separate confirmation of the screening.

The most cautious number in the report

Screened recommenders who appeared to have used the app: 70 of the 79 screened votes qualify. For the leading apps:

App	Screened recommenders who appeared to have used it	App	Screened recommenders who appeared to have used it
Kindroid	11	Junipero	2
OurDream	7	CrushOn	2
Nomi	6	FrongZoolio	2
Local/self-hosted	3	AI Peeps	2
Secret Desires	3	Candy AI	1
ChatGPT	2	DarLink AI	0

Treat this as supporting evidence, not proof. Someone saying they tested or used an app is a claim of firsthand experience, and I could not verify any of them.

7. Negative and Mixed Experiences

Alongside the positive recommendations I logged 14 explicit negative or mixed evaluations, from 13 distinct account-app pairs, covering 8 apps. These sit apart from the leaderboard and are not subtracted from anything.

Table 4. Negative and mixed evaluations by app

App	Negative or mixed observations	Distinct accounts	Threads
Candy AI	6	5	3, 13, 17, 19
DarLink AI	2	2	17, 19
AIExotic	1	1	11
Character.AI	1	1	3
GirlfriendGPT	1	1	3
Perchance	1	1	11
Soulkyn	1	1	2
SpicyChat	1	1	3

Candy AI accounts for 6 of the 14, from 5 different accounts across 4 threads; one account criticised it in two separate threads. DarLink AI had 2, from 2 accounts. Several of these came from people who recommended other apps in the same thread, or from original posters explaining what they had already tried before asking for alternatives.

This is not a sentiment analysis of every comment in the 22 threads. An app's absence from this table does not mean nobody criticised it.

8. What I Learned About Reddit Recommendations

Beyond the ranking, the coding showed why counting mentions is not enough. Things I ran into:

- **Developers and founders recommending their own products.** Where the connection was disclosed, the comment was excluded entirely. Where it was suggested but not disclosed, it stayed in the broad count as possible affiliation.
- **AutoModerator posts and referral codes.** Excluded.
- **Commercial or branded accounts.** Two comments came from accounts that were themselves brands. Kept in the broad count, removed from the screened one.
- **Repeated wording.** Some recommendations used near-identical phrasing across different accounts or threads. Coded as possible promotion.
- **Threads concentrated on a few products.** Thread 22's 14 recommendations covered only three apps, and thread 21 produced nothing usable after thread-level screening.
- **Recommendations with no sign of use.** Eleven comments named an app without any account of experience.
- **Detailed, honest-sounding experience.** At the other end, 33 comments described specific experience, often including what was wrong with the app. These read as the most independent, and they clustered around the apps that led the screened ranking.

Why the two-column approach

One rule runs through all of it. Disclosed self-promotion was excluded from the independent counts. Possible promotion without explicit proof stayed in the broad count but came out of the screened one. That keeps the broad count honest about what a reader would see, and gives the screened count the benefit of every observable signal without pretending those signals prove anything about intent.

What this means if you read Reddit for app advice

Someone reading these threads without doing this work would see roughly as many recommendations for DarLink AI as for Kindroid, and as many for Candy AI as for OurDream or Nomi. The screening shows that the support for those apps looked different, on observable signals, from the support for the apps that led the screened ranking. That does not tell you which app to pick. It does suggest that how often an app is named is a weak signal on its own, and that the shape of a recommendation carries more information than its frequency: does it describe specific experience, does it admit drawbacks, and does it repeat phrasing you have seen elsewhere.

9. What These Results Can and Can't Tell Us

This is not a representative sample of Reddit

The results describe recommendations in 22 selected threads. They do not measure which AI girlfriend app is most popular among all users, or even among all Reddit users.

Reddit search shaped which threads I found

Threads came from predefined searches with Reddit's Top and Past Year filters. Threads that rank well in search are over-represented, and the pool was capped at 22 under a predetermined stopping rule, three of which produced nothing usable.

Screening for promotional signals took judgement

Many classifications depended on wording, account context, disclosure, repetition, or thread context. I coded everything myself, applying the rules in Section 3 and Appendix C; there was no second coder. The screening cannot establish anyone's true identity or motive. Screened-out does not mean fake, and screened does not mean verified genuine.

Anonymous accounts cannot be verified

A commenter saying they tested or used an app is a claim, not a verified fact. Detailed descriptions are stronger evidence than bare claims, but I checked none of them.

Deleted accounts cannot be deduplicated

Four comments came from deleted accounts. Because I could not tell whether two deleted comments came from the same person, they are left out of the unique-account counts and appear only in the comment totals.

Recommendation counts are not product quality

This report measures what Reddit users recommended in these threads. It does not establish which product is objectively the best AI girlfriend, and it should not be cited as if it did.

Many counts are very small

37 of 61 apps were recommended by a single account, and only 14 reached three or more. A difference of one or two recommenders between low-count apps means nothing.

Point in time

Threads were collected and coded in September 2026. Comments get added, edited, and deleted, and the AI companion market moves quickly. The counts describe the threads as they were when I read them.

10. The Bottom Line

What the data shows

Kindroid had the most unique recommenders in this 22-thread sample, 15, and kept most of that support after screening for promotional and affiliation signals: 13 screened recommenders, 11 of whom appeared to have

used it. OurDream and Nomi were next on the screened count. Two frequently named apps, DarLink AI and Candy AI, lost almost all of their support under screening because their recommendations carried promotional-pattern flags.

What the data does not show

That Kindroid is objectively the best AI girlfriend app. That screened-out recommendations were fake, paid, or coordinated. That this sample represents Reddit, or that Reddit represents everyone who uses these apps.

The broader point

Recommendation quality matters as much as recommendation volume. A simple mention count would have produced a substantially different ranking, because some apps accumulated many recommendations that also showed promotional or affiliation signals. Anyone citing Reddit as evidence of what users prefer should look at who is recommending, how often the same account does it, and whether the comment shows any sign of a commercial interest. Showing the broad and screened counts side by side is one transparent way to do that.

Version and data

Version 1.0, September 2026. Any change to the dataset or coding will be published as a new version with a changelog. The coded dataset (recommendation observations, leaderboard, negative and mixed evaluations, thread log) is available on request via aigirlfriend.coach.

Appendix A. Full Leaderboard

All apps in the dataset, sorted by broad unique recommenders. "Use ev." is screened recommenders who appeared to have used the app. Bigpringo and Uncensy each have one comment from a deleted account and therefore 0 unique recommenders.

App	Broad	Screened	Use ev.	Comments	App	Broad	Screened	Use ev.	Comments
Kindroid	15	13	11	17	HeyGF	1	1	1	1
DarLink AI	12	0	0	12	HornyCompanion	1	1	1	1
OurDream	9	7	7	10	Janitor AI	1	1	1	1
Nomi	9	6	6	11	Linky	1	1	1	1
Candy AI	9	1	1	11	Nastia	1	1	1	1
Secret Desires	6	3	3	7	Nexa	1	1	1	1
ChatGPT	3	3	2	3	OmniGeniusAI	1	1	0	1
Local/self-hosted	3	3	3	3	Qwen	1	1	1	1
Junipero	3	2	2	4	SillyTavern	1	1	1	1
CrushOn	3	2	2	3	Venice	1	1	1	1
FrongZoolio	3	2	2	3	kyssy.ai	1	1	1	1
VirtualoVer	3	1	0	3	pims.chat	1	1	1	1
BrindaJoo	3	0	0	3	xchar ai	1	1	0	1
Swipey AI	3	0	0	3	Erogen	1	0	0	3
AI Peeps	2	2	2	3	Flirty	1	0	0	2
Secrets AI	2	2	1	3	LuxedAI	1	0	0	2
Grok	2	2	2	2	dmwithme	1	0	0	2
Replika	2	2	1	2	DreamGF	1	0	0	1
Soulkyn	2	2	2	2	Dusk AI	1	0	0	1
Xotic AI	2	2	2	2	GirlfriendGPT	1	0	0	1
MiocAI	2	1	1	3	ImagiPortal	1	0	0	1
OpenMind	2	1	1	2	Lovejabloo	1	0	0	1
SpicyChat	2	1	1	2	Poe	1	0	0	1
JuicyChat	2	0	0	2	aigirls.chat	1	0	0	1
MyBot	1	1	1	3	aimour-ai	1	0	0	1
Anima	1	1	0	1	fap-ai	1	0	0	1
Ashley	1	1	1	1	hosa.ai	1	0	0	1
Buttercupp	1	1	1	1	lifeb.ai	1	0	0	1
Chai	1	1	1	1	nocensor.ai	1	0	0	1
Claude Opus	1	1	1	1	Bigpringo	0	0	0	1
Gemini	1	1	1	1	Uncensy	0	0	0	1
Genies	1	1	1	1					

Appendix B. Thread Log

Recommendation observations per thread, numbered in the order I selected them. The collection was capped at 22 threads using a predetermined stopping rule; no threads were added based on the final ranking.

Thread	Recommendation observations	Notes
1	15	
2	23	
3	18	
4	14	
5	0	Selected thread; 0 identifiable recommendations
6	3	
7	1	
8	0	Selected thread; all comments deleted; 0 analyzable recommendations
9	1	
10	5	
11	9	
12	7	
13	19	
14	8	
15	6	
16	6	
17	2	
18	2	
19	2	
20	7	
21	0	Selected thread; 0 qualifying recommendations after thread-level promotional/affiliate contamination screen
22	14	High promotional-pattern risk; raw rows retained, screened ranking excludes them

Appendix C. Terms and Coding Rules

Term used in this report	What it means
Recommendation observation	One comment or post in which an identifiable account positively recommends a named app. 162 in total.
Broad unique recommenders	Distinct accounts that recommended the app at least once, anywhere in the 22 threads. Each account counts once per app. 141 votes in total.
Screened unique recommenders	Broad recommenders whose recommendation carried no possible-promotion, possible-affiliation, affiliated-commenter, or commercial/branded-account signal, and did not appear in thread 22. 79 votes in total.
Appeared to have used it	A screened recommender whose comment described or claimed firsthand use of the app. Based on what the comment said; not verified. 70 votes in total.
Recommendation comments	All positive comments for the app, including repeats by the same account and comments from deleted accounts.
Count / Count with caution	Coding status. "Count" means no promotional or affiliation signal was identified. "Count with caution" means the recommendation is in the broad result but carried something worth scrutiny.
Excluded	Never counted: disclosed developer or founder self-promotion, company accounts promoting themselves, AutoModerator posts, referral-code promotions, duplicate comments, and comments that only mention an app without recommending it.
Possible promotion	Wording, repetition, or thread context consistent with promotion, without explicit proof of any commercial relationship.
Possible affiliation / Affiliated commenter	Context suggesting the commenter may be connected to the product (possible), or an observable connection that stopped short of disclosed self-promotion (affiliated).
Commercial/branded account	The recommending account is itself a brand or commercial presence.
Unclear	No clear promotional signal but limited context. Kept in both results.
Negative or mixed evaluation	An explicit negative or mixed opinion about an app. Tracked separately; never subtracted from positive counts. 14 in total.